

Clear Springs High School
Strength and Conditioning (C)



Clear Springs Strength & Conditioning

Camp Start Date: June 6, 2022

Start Time: 7:15 AM

Camp End Date: July 30, 2022

End Time: 1:30 PM

Date Details: Monday - Thursday

Venue Name: CSHS Football Field

Venue Address: 501 Palomino Dr., League city, TX 77573

Camp Cost: \$100.00

Questions: Coach Renfro arenfro@ccisd.net (281) 284 - 1360

Special Notes:

Session 1 - 7:15 am - 9:00 am (all 2022-2023 11th & 12th grade boys and girls). Session 2 - 10:10 am - 11:55 am (all 2022-2023 10th & 11th grade boys and girls). Session 3 12:00 pm - 1:30 pm (all 2022-2023 6th - 8th grade boys and girls).

Medical Info:

All students MUST have a valid physical on file at their respective schools. 6th graders are exempt.