

Clear Springs High School
Strength and Conditioning (C)



CSHS Summer Strength & Conditioning

Camp Start Date: June 12, 2023

Start Time: 7:15:00 AM

Camp End Date: July 27, 2023

End Time: 1:30:00 PM

Date Details: Monday - Thursday. There will be no camp scheduled July 3rd-6th.

Venue Name: CSHS Football Field

Venue Address: 501 Palomino Dr., League city, TX 77573

Camp Cost: \$100.00

Questions: Anthony Renfro arenfro@ccisd.net

Special Notes:

Session 1 - Boys & Girls Entering 11th and 12th Grade - 7:15 am - 9:00 am, Session 2 - Boys & Girls Entering 9th and 10th Grade - 10:10 am - 11:55 am, Session 3 - Boys & Girls Entering 7th and 8th Grade - 12:00 pm - 1:30 pm. Certain sports will have skills sessions from 9:05 am - 10:05 am. Contact head coaches for skills information.

Medical Info:

All participants must have a current physical on file with CCISD in order to attend.