



# Victory Lakes Summer Strength & Conditioning Camp

**Camp Start Date:** June 12, 2023

**Start Time:** 8:30 AM

**Camp End Date:** August 3, 2023

**End Time:** 12:15 pM

**Date Details:** Monday - Thursday. There will be no camp scheduled July 3rd-6th & July 17th-20h.

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**Venue Name:** VLIS Football Field

**Venue Address:** 2880 West Walker, League city, TX 77573

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**Camp Cost:** \$100.00

**Questions:** Will Thomas [wthomas@ccisd.net](mailto:wthomas@ccisd.net) (281) 284 - 3760

**Questions:** Jennifer Watkins [jwatkins@ccisd.net](mailto:jwatkins@ccisd.net) (281) 284 - 3767

**Special Notes:**

Rising 8th Graders - 8:30 am - 9:55 am. Sport specific drills as determined by head coach - 10:00 am - 11:00 am. Rising 7th Graders - 11:05 am - 12:15 pm. All athletes must bring their own water each day. Refill coolers will be available for all to use. It is recommended that each athlete bring a jug of water labeled with their name.

**Medical Info:**

All participants must have a current physical on file with CCISD in order to attend.