



Clear Creek Wildcat 2023 Summer Strength & Conditioning Camp

Camp Start Date: June 5, 2023

Start Time: 7:00 AM

Camp End Date: July 27, 2023

End Time: 9:30 AM

Date Details: Monday - Thursday 7:30 am - 9:30 am (Plus up to 1-hour extra, per day, of sport specific drills to be determined by the head coach of each sport). There will be no camp scheduled July 3rd-6th.

Venue Name: CCHS Football Field

Venue Address: 2305 East Main, League city, TX 77573

Camp Cost: \$100.00

Questions: Coach Lane dlane@ccisd.net

Special Notes:

SAC is available to all students entering grades 7-12 in the Clear Creek High School attendance zone. Workout groups will be coordinated based on age group. Each athlete must bring their own water each day. It is recommended that each athlete bring a jug of water labeled with their name. Registration must be complete prior to workouts.

Medical Info:

All participants must have a 2023-2024 physical on file with the trainers and all RankOne forms completed. Any questions regarding physicals should be directed to Lorrie Capetillo-Reeves at lcapetillo-reeves@ccisd.net.